

BEST PRACTICES 2018-19

Best Practice I

1. Title of the Practice: Budding Within

2. Objectives of Practice:

- To find out the different potential of students
- To foster the academic talents and also non- academic
- To help needy students in terms of their personal problems.

3. The context:

Our college is known for transforming and empowering students from a variety of backgrounds, ranging from underprivileged to affluent. One of our college's best practices is "budding Within: Nurturing the Potential of Students, Enabling and Empowering Them to Carve Their Own Paths." It promotes self-growth, self-worth, and the actualization of students' potential through a variety of empowerment and competence-building activities.

4. The practices

'Budding Within' Programme is a helping hand extended by national college family. The main activities comprise:

- Providing the individualized **mentoring and counseling**
- **Practices experiential learning**
- using the method of power-point presentations to help them organize their thinking process and build professional skills
- using **audio-visual aids** (such as screening of films and plays, displaying paintings, photographs etc.)and holding talks by experts in certain given fields
- **promote wellbeing** through the activities such as breathing exercises or rigorous physical activity
- Through **constructive feedback, open communication**, inculcating a **culture of critical thinking** and holding an array of **in-depth discussions**,

- **college library** with its varied collection of books, journals, magazines and e-resources also opens a window to the wider world for the students.
5. Evidence of success:
The college has sound number of academically excellent students.
 6. Problems encountered and resources required
 - Lack of proper coordination
 - Financial constraints
 7. Notes:

This is a necessary practice which instills students to uplift its most underprivileged members to be more self-reliant, career oriented and great leaders. The teaching culture here seeks to highlight and thereby have the students appreciate that the true essence of life lies outside the bounds of black and white, and in a wide varieties of shades.

Best Practice II

1. Title of the Practice: Plastic waste management
2. Objectives of Practice:
 - To get awareness about effective plastic waste management
 - To practice zero plastic management in the campus
 - To educate students about the recycling of plastic waste and clean environment
3. The context:

Plastic is one of the most popular materials used all around the world. From shampoo bottles and carry bags to computers and batteries, all have some element of plastic present in them. Being used so commonly all over the world, the waste generated from the use of the element is enormous. This waste, if not managed properly, has numerous ill-effects on the environment and living beings. Hence, **plastic waste management** is very important.
4. The practices
 - Reduce the amount of solid plastic waste generated is the norm of the college
 - All the students and faculty members are strictly encouraged to carry steel lunch boxes and water bottles to avoid the plastics

- The college promote the use of paper and cloth bags and in the college to avoid plastics
5. Evidence of success:
The college is a plastic free campus
6. Problems encountered and resources required
- Lack of proper coordination
 - Financial constraints
7. Notes:
Plastic waste management is a practice that all institutions can adopt to ensure the plastic free home and environment.



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