



National College for Teacher Education

(NAAC Accredited with 'B' Grade)

Iqbal Square, Meprathupady, Vengola, Perumbavoor, Ernakulam - 683 556

KEY INDICATOR

CRITERION 6 - GOVERNANCE, LEADERSHIP AND MANAGEMENT

6.2 STRATEGIC DEVELOPMENT AND DEPLOYMENT

METRIC 6.2.4

Effectiveness of various bodies/cells/committees is evident through minutes of meetings and implementation of their resolutions / decisions.

MINUTES OF THE MEETING WITH SEAL AND SIGNATURE OF THE PRINCIPAL

Affidavit

I do hereby certify that, all pages in this document are duly authenticated by me, under my privilege as the Head of the institution of National College for Teacher Education, Vengola, Ernakulam, Kerala

Dr. N. SETHU MADHAVAN
PRINCIPAL

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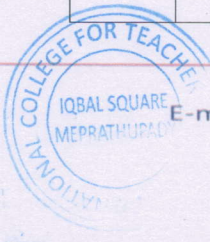
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Constitution of Anti- Ragging Committee and Monitoring Cell for the year 2023-2024

List of Committee members

Sl.No	Name	Designation	Title	Contact Number
1	Dr N. Sethumadhavan	Principal	Chairperson	9447295266
2	Shri Jayakrishnan PV	Vice Principal	Representative of Faculty as Nodal Officer	9387063382
3	Mrs Reja KA	Parent of Ms Afa Abdul Azeez VM	Representative of Parents	9037363948
4	Mrs Henna Jaleel Shri Vishnu P Mohandas	Students, B.Ed.	Representative of Students- B.Ed.	7025586401 9747507216
5	Ms. Haseena T.S Ms. Beebi Asoora K	Students M.Ed.	Representative of Students- M.Ed.	7907169041 8281491979



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6	Shri C P Ummer	Administrative Officer	Representative of non-teaching staff	7736107456
7	Mrs Jessy AV	Hostel Warden	Member from Hostel	8289967176
8	Mrs Saranya Devi K.S	Assistant Professor	Faculty in Charge – Hostel	7025243356

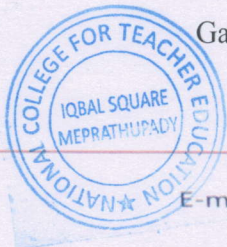
Meeting Agenda, Minutes and Action Taken Report

The first meeting of the Anti- Ragging Committee and Monitoring Cell of the year 2024 was called to order on June 3rd 2024 by 2.30 pm. The Chairperson Dr N. Sethumadhavan presided over the meeting and extended a hearty welcome to the members present. The Agenda as scheduled was read out for discussion and to implement action respectively.

Agenda

1. Review of Previous meeting / case of ragging if any reported of the year 2023
2. Reading out the policy documents amended by UGC, state government and Mahatma

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3. Suggestions for the discussions leading to Implementation of regulations as stipulated through University order
4. To organise Anti -ragging awareness programs for the freshly enrolled batches
5. Any other matters with the permission of the Chair

Decisions taken

Agenda 1 – As evidenced from the previous meeting, no such instances or grievances related to anti- ragging have been reported either in the institution or in the Hostel.

Agenda 2 - The revised documents were read and the Committee has decided to be informed, educated regarding the amended orders communicated by the University through immediate redressal and implementation.

Agenda 3 - As per the suggestions received from the members, it has been unanimously decided to allocate the class representatives of each optional course to look into matters or grievances recorded and inform the Nodal Officer in person or in writing. The students are free to approach the officer through calls also.

Agenda 4- The Committee has decided to plan and organise awareness programs and competitions to sensitize the students about the hazardous consequences of ragging.

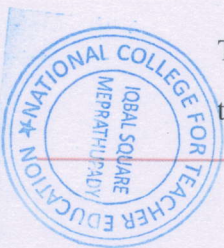
Agenda 5 – The members of the meeting were apprised of the patterns to be followed in executing valuable talks without disturbing the academic hours of the students.

There being no matters to discuss the meeting ended by 3.00 pm with the Chair summarising the decision points and rendered words of gratitude.

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In Attendance

1. Dr N. Sethumadhavan
2. Shri Jayakrishnan PV
3. Mrs Reja KA
4. Mrs Henna Jaleel
5. Shri Vishnu P Mohandas
6. Ms. Haseena T.S
7. Ms. Beebi Asoora K
8. Shri C. P Ummer
9. Mrs Jessy AV
10. Mrs Saranya Devi K.

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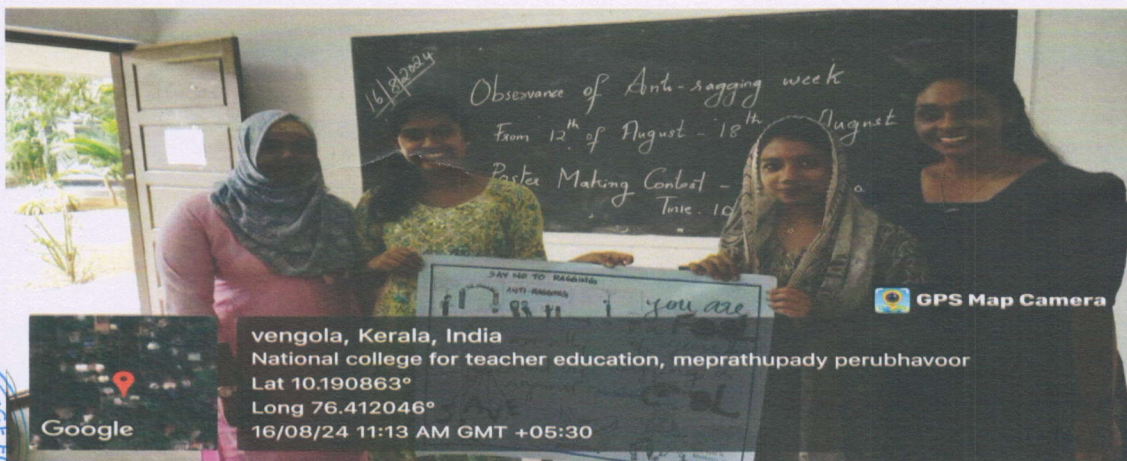


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ANT-RAGGING WEEK CELEBRATION FROM AUGUST 12TH TO
AUGUST 18TH – POSTER MAKING COMPETITION



vengola, Kerala, India
National college for teacher education, meprathupady perubhavor
Lat 10.190863°
Long 76.412046°
16/08/24 11:13 AM GMT +05:30



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THU MADHAVAN
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5/11



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PLACEMENT CELL REPORT

Placement Cell Report -2023-2024

The Cell is under the guidance of the dedicated Placement Officer, Shri Jayakrishnan PV. The cell has been instrumental in facilitating successful placements for our students, securing them lucrative and promising career opportunities.

Key Achievements

- **Placement Rates:** The Placement Cell has consistently achieved impressive placement rates. This year, a fair number of eligible students secured placements in top schools, colleges and administrative positions.
- **Strong collaboration with Mentoring Schools:** The cell has always cultivated strong relationships with leading schools, ensuring a steady flow of recruitment opportunities for our students.
- **Comprehensive Training and Development:** The Placement Cell offers a wide range of training and development programs to equip students with the necessary skills for the competitive job market.
- These programs include



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Overseas orientation training, resume building, interview preparation, and soft skills training.

- Career Counselling and Guidance: The Placement Officer and the cell's team provide personalized career counselling and guidance to students, helping them identify their strengths and explore suitable career paths.
- Employer Engagement: The cell actively engages with employers through campus recruitment drives, industry visits, and alumni networking events to create valuable connections and enhance student placement prospects.

Notable Placements: The students have received placements as Assistant Professors, academicians, High School Teachers, Mentors in reputed institutions. A good number of students are working abroad also in their respective field of interest.

Future Plans

The Placement Cell is committed to further enhancing its services and expanding its reach. Future plans include:

- Visiting schools and Colleges to familiarise students regarding curriculum transaction and pedagogical strategies
- Inviting Expert talks from school teachers and Faculty members to update students about changing trends and paradigms.



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- Focusing the further need for capability and skill enhancement programs to equip student teachers with digital literacy, inter-cultural communication skills and administrative competencies.
- Orienting students to the Placement Opportunities the programme guarantees.

The National College for Teacher Education's Placement Cell has demonstrated exceptional dedication and effectiveness in facilitating student placements. Under the leadership of the Placement Officer, the cell has played a vital role in shaping the careers of our students and ensuring their success in the competitive job market.

Placement Cell Report -2022-2023

A key highlight of the year was the series of expert talks and workshops conducted by renowned teachers and professionals. These sessions provided valuable insights and guidance to our student teachers, enhancing their employability and career prospects.

Expert Talks and Workshops

- On Guru Purnima and Teacher's Day Celebrations: The Placement Cell organized special events on Guru Purnima and Teacher's Day, inviting distinguished educators to share their experiences and wisdom.



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- Expert Talks: Renowned professionals from various fields were invited to speak on topics relevant to the teaching profession.
- Skill Development Workshops: Workshops were conducted on essential skills such as communication, leadership, and technology integration. Overseas prospects in the field of teaching were discussed.

Notable Placements: As Teacher Educators, Teachers etc.

Institution Partnerships

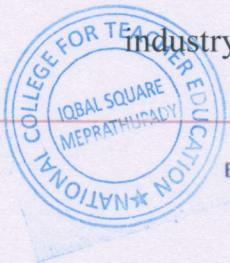
- The Placement Cell strengthened its relationships with existing partner schools and organizations.
- New partnerships were forged with leading educational institutions.

Future Plans

The Placement Cell will continue to focus on providing comprehensive support to student teachers and enhancing their career prospects. Future plans include:

- Expanding the network of industry partners.
- Organizing more workshops and seminars.
- Exploring new avenues for student placements.

. The year 2022-2023 was marked by valuable insights from expert teachers and industry professionals, which have undoubtedly enhanced the employability of



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our graduates. We are committed to further strengthening our placement efforts and ensuring that our students achieve their career goals.

Placement Cell Report -2021-2022

The Placement Cell played a crucial role in assisting student teachers transition from online to face-to-face learning environments during the academic year 2021-2022. Recognizing the unique challenges faced by students after extended periods of remote learning, the cell focused on providing targeted support and training to boost their confidence and prepare them for the transition.

Key Initiatives

- **Skill Enhancement Workshops:** The cell organized workshops to address specific areas where students felt underprepared, such as classroom management, public speaking, and technology integration.
- **Mentorship Programs:** Mentorship programs were established to pair experienced teachers with student teachers, providing them with guidance and support.
- **Mock Teaching Sessions:** Simulated classroom environments were created to help students practice their teaching skills and receive feedback.

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- Teaching Exposure: Field trips and guest lectures were arranged to expose students to real-world teaching environments and industry trends.

Achievements

- Increased Student Confidence: Many students reported a significant increase in their confidence levels after participating in the workshops and mentorship programs.
- Successful Transition to Face-to-Face Learning: The initiatives undertaken by the Placement Cell facilitated a smooth transition for students to in-person teaching.
- Positive Feedback from Employers: Employers expressed satisfaction with the quality of candidates prepared by the Placement Cell.

Notable Placements: Abroad Teaching Opportunities, Government Posts,

Future Plans:

The Placement Cell will continue to adapt to the evolving needs of student teachers and the job market. Future plans include:

- Expanding partnerships with schools and educational institutions.
- Exploring new avenues for career development.

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- Providing additional support for students seeking international teaching opportunities.

The Placement Cell at the National College for Teacher Education played a vital role in supporting student teachers during their transition to face-to-face learning. By offering targeted training, mentorship, and guidance, the cell helped students develop the skills and confidence necessary for success in their teaching careers.

Placement Cell Report -2020-2021

The Placement Cell played a pivotal role in connecting our students during the academic year 2020-2021. Despite the challenges posed by the COVID-19 pandemic, the cell successfully facilitated a number of placements and internships for our graduating students the classes were back to routine with full-fledged safety protocols.

Notable Placements

Initiatives and Programs

- Skill Development Workshops: The Placement Cell organized workshops on resume writing, interview techniques, and soft skills to enhance students' employability.



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- Mock Interviews: Mock interviews were conducted to prepare students for the interview process.
- Online Expert Talks: The cell invited distinguished academia to share their insights and experiences with students.
- Alumni Mentorship Program: A mentorship program was initiated to connect current students with successful alumni.

Challenges and Overcoming Them

- COVID-19 Pandemic: The pandemic presented significant challenges, such as virtual hiring processes and reduced job opportunities.
- Strategies: The Placement Cell adapted to these challenges by conducting virtual campus drives, leveraging online platforms, and providing additional support to students.

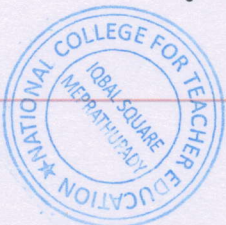
Future Outlook

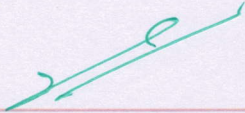
The Placement Cell is committed to further strengthening its efforts to secure quality placements for students. Future plans include:

- Expanding partnerships with new mentoring schools.
- Exploring new avenues for recruitment.
- Enhancing career counselling services.

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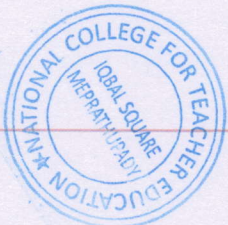
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- Staying updated with trends and requirements.

The Placement Cell at the National College for Teacher Education has demonstrated its effectiveness in connecting students with promising career opportunities. Despite the challenges of the past year, the cell's dedication and efforts have resulted in successful placements for our students. We are confident that the cell will continue to play a vital role in the college's mission of providing holistic education and career development.

Placement Cell Report -2019-2020

At the wake of Pandemic placement programs and sessions followed a low ebb. Most of the talks were deliberated online. The institution has collaboration with 23 schools in the neighbourhood. They are the cooperating schools for the internship programme. Induction and internship programmes were conducted in collaboration with these schools through online mode. The invited faculty members rendered classes online and resource persons were invited to mould students effectively setting aside the limitations of digital learning.



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Nature Club Report (2023-24)

The Nature Club of National College for Teacher Education has had a productive and eventful academic year 2023-24. Our mission to promote environmental awareness and sustainability among students and staff has been successful through various initiatives. This report highlights the major events, activities, and achievements of the Nature Club during the academic year 2023-24.

Major Events:

Environment Day: Rally and Cleaning at Meprathupady (June 5, 2023)

Organized a rally and cleaning drive at Meprathupady, promoting environmental awareness and community involvement. Students, faculty, and staff participated in the event, collecting trash and cleaning the area.

Selection of Green Ambassadors

The club selected Green Ambassadors from among the student members. The ambassador played a crucial role in promoting environmental awareness and coordinating club activities throughout the year.

Organic Farming Workshop

The club started an organic farming project in the college garden, where members grew their own fruits and vegetables using natural and organic methods. This initiative promoted sustainable farming practices and provided hands-on experience for members.



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Biodiversity Register

Created a comprehensive register of plant and animal species found on campus, promoting biodiversity conservation. Students and faculty contributed to the register, fostering a sense of community and shared responsibility.

Swach Bharath Campus Cleaning

The club organized a cleaning drive in the college premises, where members and volunteers collected plastic waste and cleaned the surroundings. This event raised awareness about the importance of keeping our environment clean and free from plastic waste.

Sneharamam Project

Collaborated with NSS and Swach Bharath to plant ornamental plants around Onamkulam Pond.

Awareness Classes on Waste Management and Organic Farming

Conducted awareness classes for students and faculty on waste management and organic farming. Experts shared knowledge on sustainable practices, promoting behavioral change.

Other Activities:

Tree plantation drive: Planted saplings on campus, promoting greenery and biodiversity. Environmental awareness campaigns: Conducted campaigns on environmental issues, such as plastic pollution, water conservation, and green initiatives etc.

Achievements:

Reduced plastic usage on campus

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- Increased recycling rate
- Conducted environmental awareness campaigns

Future Plans:

- Establish a botanical garden on campus
- Implement a waste management system
- Organize a nature trek and outdoor education program for students

The Nature Club has been actively working towards promoting environmental awareness and sustainability on campus. We aim to continue our efforts and make a positive impact on the environment.

Nature Club Report (2022-23)

The Nature Club of National College for Teacher Education has been actively working towards promoting environmental awareness, conservation, and sustainability on campus. Our mission is to foster a sense of responsibility and stewardship for the natural world among students, faculty, and staff. Through various events, activities, and initiatives, we aim to create a positive impact on the environment and inspire others to join us in our efforts. This report highlights the major events, activities, and achievements of the Nature Club during the academic year 2022-23. We are proud to share our accomplishments and look forward to continuing our work towards a greener and more sustainable future.

Major Events:

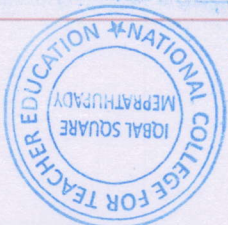
Environment Day Program (June 5, 2022)

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- Organized a rally, tree plantation drive, and awareness campaigns on environmental issues.

- Students, faculty, and staff participated in the event, promoting environmental awareness.

MOOC Organic Farming Inauguration (7/2/2023)

- Launched a Massive Open Online Course (MOOC) on organic farming, promoting sustainable farming practices.

- Experts shared knowledge on eco-friendly farming methods, benefiting students and faculty.

Energy Conservation Awareness Class (29/6/2022)

- Conducted an awareness class on energy conservation, highlighting simple ways to reduce energy consumption.

- Students and faculty learned about sustainable practices, promoting behavioural change

World Water Day Observation (March 22, 2023)

- Organized water conservation activities, highlighting the importance of water conservation.

- Students, faculty, and staff participated in the event, promoting water conservation practices.

Exhibition in Collaboration with Science Club (29/6/2022)

- Collaborated with the Science Club to organize an exhibition on environmental themes, showcasing innovative projects and ideas.

- Students and faculty participated in the exhibition, promoting environmental awareness and innovation.



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Other Activities:

- Tree plantation drive: Planted saplings on campus, promoting greenery and biodiversity.
- Environmental awareness campaigns: Conducted campaigns on environmental issues

Achievements:

- Reduced plastic usage on campus
- Increased recycling rate
- Planted saplings on campus

Future Plans:

Biodiversity register

Organic farming workshop

Sneharamam Project

The Nature Club has been actively working towards promoting environmental awareness and sustainability on campus. We aim to continue our efforts and make a positive impact on the environment.

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Nature Club Report (2021-22)

The Nature Club of National College for Teacher Education has been a beacon of environmental awareness and action on campus. Throughout the academic year 2021-22, the club has tirelessly worked to promote sustainability, conservation, and eco-friendliness among students, faculty, and staff. With a mission to protect and preserve the natural world, the Nature Club has organized various events, activities, and initiatives that have made a significant impact on our campus and beyond. This report highlights the major events, activities, and achievements of the Nature Club during the academic year 2021-22. It showcases our efforts to create a greener, more sustainable future and inspire others to join us in our mission to protect the environment.

Major Events:

Environment Day: Campus Cleaning (June 5, 2021)

- Organized a campus cleaning drive, promoting environmental awareness and community involvement.
- Students, faculty, and staff participated in the event, collecting trash and cleaning the campus.


UN Environment Program (12-1-2022)

- Participated in the UN Environment Program, focusing on environmental conservation and sustainability.
- Students and faculty engaged in activities promoting environmental awareness and action.



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World Water Day Observation (March 22, 2022)

- Organized water conservation activities, highlighting the importance of water conservation.
- Students, faculty, and staff participated in the event, promoting water conservation practices.


National Energy Conservation Day: Save the Watt (December 14, 2021)

- Observed National Energy Conservation Day, promoting energy conservation and efficiency.
- Students and faculty participated in activities and campaigns, pledging to reduce energy consumption.

Future Plans:

- MOOC Organic Farming Inauguration
- Exhibition

The Nature Club has been actively working towards promoting environmental awareness and sustainability on campus. We aim to continue our efforts and make a positive impact on the environment


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Nature Club Report (2020-21)

The Nature Club of National College for Teacher Education has been a steadfast advocate for environmental conservation and sustainability on campus. Despite the unprecedented challenges posed by the COVID-19 pandemic, the club has continued to thrive and make a positive impact on our community. Throughout the academic year 2020-21, the Nature Club has organized various events, activities, and initiatives that have promoted environmental awareness, conservation, and sustainability. This report highlights the major events, activities, and achievements of the Nature Club during the academic year 2020-21. It showcases our efforts to create a greener, more sustainable future and inspire others to join us in our mission to protect the environment.

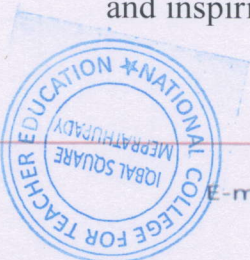
Major Events:

Environment Day: Sapling Distribution (June 5, 2020)

- Celebrated Environment Day by distributing saplings to students, faculty, and staff, promoting tree plantation and greenery.
- Encouraged participants to plant and nurture the saplings, contributing to a greener environment.


Photographic Competition on Pollution (19/8/2020)

- Organized a photographic competition on pollution, encouraging students to capture images of environmental issues.
- Received entries showcasing various aspects of pollution, raising awareness and inspiring action.



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Talk on Conservative Energy (17/9/2020)

- Conducted a talk on conservative energy, highlighting ways to reduce energy consumption and promote sustainability.
- Expert speaker shared valuable insights, inspiring students and faculty to adopt energy-efficient practices.

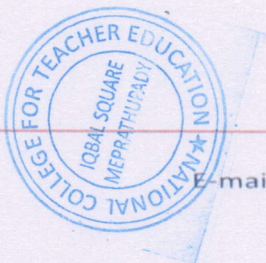
Campus Cleaning (15/11/2020)

- Organized a campus cleaning drive, promoting cleanliness and environmental awareness.
- Students, faculty, and staff participated in the event, collecting trash and cleaning the campus.

Visit to Panangad Fisheries (28/2/2021)

- Organized a field visit to Panangad Fisheries, educating students about sustainable fishing practices and aquatic ecosystems.
- Students gained hands-on experience and insights into environmental conservation.

The Nature Club has been actively working towards promoting environmental awareness and sustainability on campus. Despite the challenges posed by the pandemic, we have continued our efforts and made a positive impact on the environment. We aim to continue our work and inspire others to join us in our mission to protect the environment.



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Nature Club Report (2019-20)

The Nature Club of National College for Teacher Education has been a vibrant and active community of students, faculty, and staff dedicated to promoting environmental awareness and sustainability on campus. Throughout the academic year 2019-20, the club has organized various events, activities, and initiatives that have not only raised awareness about environmental issues but also inspired action towards a more sustainable future. This report highlights the major events, activities, and achievements of the Nature Club during the academic year 2019-20.

Major Events:

Environment Day: Sapling Distribution (June 5, 2019)

Celebrated Environment Day by distributing saplings to students, faculty, and staff, promoting tree plantation and greenery.

Medicinal Plant Gardening (4/10/2019)

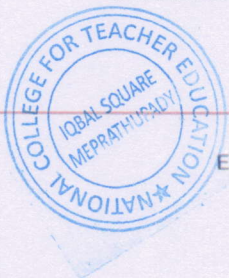
Established a medicinal plant garden on campus, showcasing the importance of medicinal plants in our ecosystem.

Photographic Competition (19/8/2019)

Organized a photographic competition on environmental themes, encouraging students to capture images of nature and conservation.


Campus Cleaning (15/11/2019)

Organized a campus cleaning drive, promoting cleanliness and environmental awareness.



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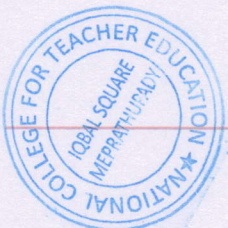
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Visit to Planetarium (28/2/2020)

Collaborated with the Science Club to organize a visit to the planetarium, educating 150 students about astronomy and environmental connections.

The Nature Club has made significant strides in promoting environmental awareness and sustainability on campus during the academic year 2019-20. Through our events, activities, and initiatives, we have inspired a sense of responsibility and stewardship for the natural world among our college community. We are proud of our achievements and look forward to continuing our efforts in the future. We hope that this report will inspire others to join us in our mission to create a more sustainable future for all.

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NATIONAL COLLEGE FOR TEACHER EDUCATION WOMEN CELL MEETING MINUTES

Date: January 7, 2022

Time: 3pm

Venue: Principal's Chamber, National College for Teacher Education

Participants: 6

Agenda:

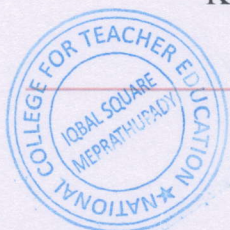
1. Personal Safety Tips
2. Gender Equity Campaign Collaboration
3. Self-Defense Techniques

1. Personal Safety Tips:

- Discussed the importance of educating students about personal safety.
- Emphasized the need for awareness programs focusing on practical tips to avoid and respond to unsafe situations.

2. Gender Equity Campaign:

- Reviewed the proposal to collaborate with UN Women , Gender Park, Kozhikode.



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- Discussed objectives for the campaign, including promoting gender equality, raising awareness about gender biases, and creating an inclusive environment.
- Agreed to draft a formal collaboration proposal and schedule meetings with the organizations to finalize partnership details.

3. Self-Defense Techniques:

- Discussed the importance of equipping students with self-defense skills to boost their confidence in handling potential dangers.
- Agreed to organize workshops with trained professionals to teach basic self-defense techniques.
- Emphasized integrating these sessions into the regular curriculum or as extra-curricular activities to ensure maximum participation.

Action Items:

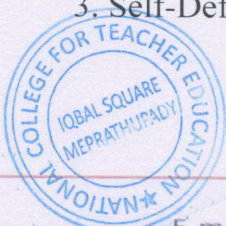
1. Personal Safety Tips:


- Achamma p Mathew: Develop a comprehensive safety tips guide for students.

2. Gender Equity Campaign:

- Jayakrishnan PV: Draft a collaboration proposal and contact UN Women and Gender Park for follow-up.

3. Self-Defense Workshops:




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- Dr N Sethu Madhavan: Identify and coordinate with self-defense trainers for upcoming workshops.

Conclusion:

- The meeting concluded with a consensus on the importance of the planned initiatives and a commitment to execute them effectively.

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WOMEN CELL -Review Meeting Minutes

Date: 23 January 2022

Time: 11am

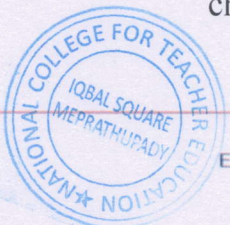
Attendees:

- Dr.N Sethu Madhavan (principal National college for teacher education)
- Dr Achamma P Mathew
- Jayakrishnan PV
- Neena Thankappan
- Dr.Viji. Ramakrishnan
- Devasi PO
- Sajeev V

**Agenda: Review of the meeting with UN women 'Prospect with Respect',
Gender Equity campaign,dated 19/01/2022**

Key Discussions:

- Survey Progress: Discussed any challenges encountered during the survey process.
- Decision taken regarding discussing the prospect with respect campaign with vengola grama panchayat
- Seminar Preparation:Reviewed the planning for the seminars for school children.



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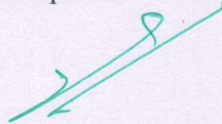
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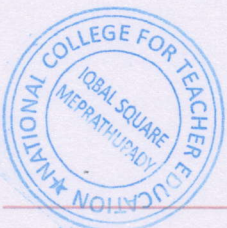
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- Discussed the selection of resource persons and the availability of assistance from experts
- Discussed the logistics and arrangements for the seminars.
- Reviewed the specific tasks assigned to each team member.
- Anganwadi Teacher Workshop: Discussed the progress made in planning for the Anganwadi teacher workshop.
- Reviewed the proposed date and venue for the workshop.

Conclusion:

- * Summarize the key achievements and challenges discussed during the meeting.
- * Express appreciation for the contributions of all participants.


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KEY INDICATOR

CRITERION 6 - GOVERNANCE, LEADERSHIP AND MANAGEMENT

6.2 STRATEGIC DEVELOPMENT AND DEPLOYMENT

METRIC 6.2.4

Effectiveness of various bodies/cells/committees is evident through minutes of meetings and implementation of their resolutions / decisions.

ACTION TAKEN REPORT WITH SEAL AND SIGNATURE OF THE PRINCIPAL

Affidavit

I do hereby certify that, all pages in this document are duly authenticated by me, under my privilege as the Head of the institution of National College for Teacher Education, Vengola, Ernakulam, Kerala



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ACTION TAKEN REPORT OF THEATRE AND MUSIC CLUB 2019-20

Introduction

This report provides a comprehensive overview of the activities undertaken by the Theatre and Music Club during the academic year 2019-2020. The club's primary objective is to foster creativity, self-expression, and teamwork among students through various theatrical and musical endeavors.

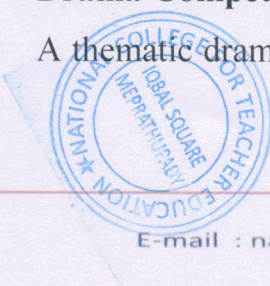
Programmes

Talent's Search (1st August 2019): The year commenced with a talent search competition aimed at identifying and nurturing students with artistic abilities. Students participated in the event, showcasing their diverse talents in singing, dancing, acting, and other performing arts.

Drama and Arts Workshop (27th September 2019): A specialized workshop was conducted to enhance the acting and artistic skills of interested students. Fifty participants attended the workshop, learning from experienced professionals and honing their creative abilities.

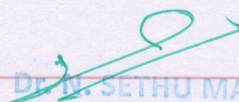
Cultural Song Competition (1st November 2019): A cultural song competition was organized to celebrate India's rich musical heritage. Fifty students participated, showcasing their vocal talents and cultural diversity.

Drama Competition on Gandhiji and India's Freedom (30th January 2020): A thematic drama competition was held to commemorate the life and teachings



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of Mahatma Gandhi and India's struggle for independence. 110 students participated, presenting thought-provoking and impactful performances.

Arts Day Competition (13th-14th February 2020): The club concluded the academic year with a grand Arts Day competition, showcasing the collective talents of students. A variety of artistic performances, including dance, music, drama, and visual arts, were presented.

Conclusion

The Theatre and Music Club has successfully achieved its objectives of promoting creativity, self-expression, and teamwork among students. Through a diverse range of activities, the club has provided a platform for students to explore their artistic talents and develop valuable life skills. The club's success is a testament to the dedication and hard work of its members and the support of the school administration.



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ACTION TAKEN REPORT OF THEATRE AND MUSIC CLUB 2020-21

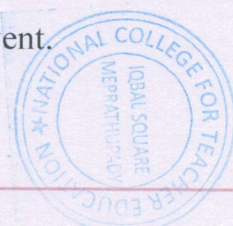
Introduction

This report provides a comprehensive overview of the activities undertaken by the Theatre and Music Club during the academic year 2020-2021. The club's primary objective is to foster creativity, self-expression, and teamwork among students through various theatrical and musical endeavors.

Key Activities

Short Film Presentation on 'Socially Deprived Children' (6th September 2020): The club collaborated with the Women Cell of National College for Teacher Education to produce a short film on the issue of socially deprived children. The film aimed to raise awareness about the challenges faced by these children and promote social justice.. The film was presented through Google Meet, reaching a wider audience.

Arts Day Celebration (13th-14th February 2021): The club concluded the academic year with a grand Arts Day celebration, showcasing the collective talents of students. A variety of artistic performances, including dance, music, drama, and visual arts, were presented. 100 students of B.Ed. participated in the event.



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Conclusion

Due to the restrictions imposed by the COVID-19 pandemic, the Theatre and Music Club was unable to conduct as many activities as planned. However, the club successfully adapted to the new circumstances by utilizing virtual platforms and collaborating with other departments. The short film project and the Arts Day celebration demonstrated the club's commitment to providing students with opportunities for creative expression and social engagement.



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ACTION TAKEN REPORT OF THEATRE AND MUSIC CLUB 2021-22

Introduction

This report provides a comprehensive overview of the activities undertaken by the Theatre and Music Club during the academic year 2021-2022. The club's primary objective is to foster creativity, self-expression, and teamwork among students through various theatrical and musical endeavors.

PROGRAMMES

Talents Day (15th December 2021): The club commenced the year with a Talents Day competition aimed at showcasing the diverse talents of students. The students participated in the event, displaying their skills in singing, dancing, acting, and other performing arts.

Drama and Arts Workshop (1st February 2022): A specialized workshop was conducted to enhance the acting and artistic skills of interested students. Fifty participants attended the workshop, learning from experienced professionals and honing their creative abilities.

Arts Day Celebration (16th-17th March 2022): The club concluded the academic year with a grand Arts Day celebration, showcasing the collective talents of students. A variety of artistic performances, including dance, music, drama, and visual arts, were presented.



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Conclusion

The Theatre and Music Club has successfully achieved its objectives of promoting creativity, self-expression, and teamwork among students. Through a diverse range of activities, the club has provided a platform for students to explore their artistic talents and develop valuable life skills. The club's success is a testament to the dedication and hard work of its members and the support of the college administration.



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ACTION TAKEN REPORT OF THEATRE AND MUSIC CLUB 2022-23

Introduction

This report provides a summary of the activities undertaken by the Theatre and Music Club at the National College for Teacher Education during the academic year 2022-2023. The club's primary goal is to promote creativity, self-expression, and teamwork among students through theatrical and musical experiences.

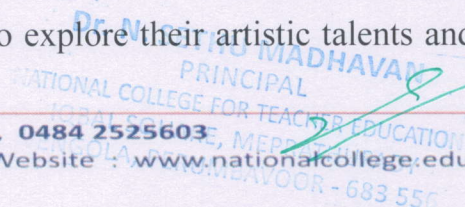
PROGRAMMES

Aaravah - College Day and Arts Day (16th-17th August 2022): The club played a significant role in organizing the college's annual celebration, "Aaravah." This two-day event likely included various artistic performances, exhibitions, and competitions showcasing the talents and cultural diversity of the student body. The specific details of the club's contribution to Aaravah are not provided, but it's safe to assume they presented theatrical or musical elements.

Talents Day and Kerala Piravi (1st November 2022): This combined event offered students a platform to showcase their talents while celebrating Kerala Piravi, Kerala's state formation day. With 50 participants, the event likely included a variety of performances, possibly featuring music, dance, drama, and other artistic expressions related to Kerala's rich cultural heritage.

Conclusion

The Theatre and Music Club at the National College for Teacher Education continues to provide a platform for students to explore their artistic talents and



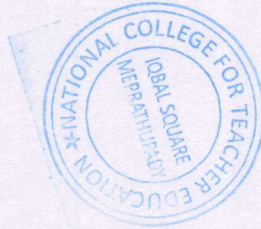


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celebrate cultural diversity. By organizing and participating in events like Aaravah and the Talents Day/Kerala Piravi celebration, the club fosters creativity and builds a vibrant artistic community within the college.



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ACTION TAKEN REPORT OF THEATRE AND MUSIC CLUB 2023-24

Introduction

This report provides a comprehensive overview of the activities undertaken by the Theatre and Music Club at the National College for Teacher Education during the academic year 2023-2024.

The club's primary objective is to nurture creativity, self-expression, and teamwork among students through various theatrical and musical endeavours.

Key Activities

Farewell to B.Ed. 2021-23 Batch (14th July 2023): The club likely contributed to this event by organizing a celebratory program for the graduating B.Ed. batch. This might have involved theatrical performances, musical tributes, or a combination of both, creating a memorable farewell experience. (75 participants from the B.Ed. 2021-23 batch)

B.Ed. 2022-24 Batch Freshers Day Celebration (20th September 2023): The club actively participated in welcoming the new B.Ed. batch. Their contribution could have included performances, skits, or an interactive session to introduce the freshers to the college's vibrant artistic community. (50 participants from the B.Ed. 2022-24 batch)

Union Inauguration and Talents Day (13th October 2023): The club played a key role in organizing a combined event for the inauguration of a new club/department (Union) and a Talents Day competition. This event offered a

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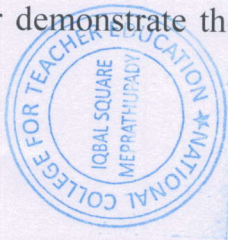
platform for students to showcase their talents, potentially attracting new members to both clubs. .

Saarangi - Arts Day (14th-15th February 2024): The club organized the annual Arts Day celebration, named "Saarangi." This two-day event likely featured a wide range of artistic performances, including dance, music, drama, and visual arts. Mrs. Anjali R. Faculty served as the coordinator for the event, ensuring its smooth execution.

Street Play on Laharikkethire (4th March 2024): The club collaborated with Aadya and the Anti Narcotic Cell to present a street play on the theme of Laharikkethire (anti-drug message). Mrs. Sreeja V. Faculty served as the coordinator for this event. This initiative demonstrates the club's commitment to using theatre for social awareness.

Conclusion

The Theatre and Music Club at the National College for Teacher Education continues to be a driving force for artistic expression and social engagement within the college. Throughout the year, the club actively participated in various events, providing a platform for students to showcase their talents, celebrate milestones, welcome new members, and raise awareness about important social issues. The successful organization of Saarangi and the impactful street play collaboration further demonstrate the club's versatility and commitment to the community.



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ACTION TAKEN REPORT OF PSYCHOLOGY CLUB 2019-20

Date: March 4, 2020

Venue: National College for Teacher Education

Organized by: Psychology Club

Objective:

The workshop aimed to provide participants with effective strategies to manage examination-related fear through stress management, time management, problem-solving skills, and understanding available counseling services.

Resource Person:

Mr. Geordy Pottaas – Motivational Speaker, India Book of Records

Participants:

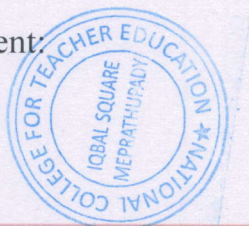
109 (students and faculty members).

Key Sessions:

Stress Management:

Content: Techniques for reducing stress, including relaxation exercises and mindfulness strategies.

Time Management



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Content: Effective methods for creating study plans, prioritizing tasks, and avoiding procrastination.

Problem-Solving Skills:

Content: Approaches for tackling academic challenges and developing critical thinking abilities.

Counseling Services:

Content: Information on accessing counseling resources and the benefits of seeking professional support.

Feedback Summary:

Participants found Mr. Pottaas motivational talk particularly engaging and inspiring. The sessions on stress and time management were highly valued, and the overview of counseling services provided useful information for accessing support.

Conclusion:

The workshop effectively addressed key areas of examination fear, providing practical tools and motivational insights to help participants manage stress and improve their academic strategies.



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ACTION TAKEN REPORT OF PSYCHOLOGY CLUB 2020-21

Title: Health Hazards of Drug Abuse

Date: June 24, 2020

Mode: Online

Participants: 56

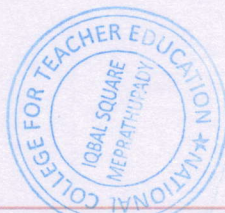
Resource Person: Dr. Manu Melwin Joy, Assistant Professor, School of Management Studies (SMS), Cochin University of Science and Technology (CUSAT)

Organized by: Psychology club of National College for Teacher Education

Introduction: The online talk on "Health Hazards of Drug Abuse" was conducted on June 26, 2020, and aimed to educate participants on the detrimental effects of drug abuse on health. The session was led by Dr. Manu Melwin Joy, an Assistant Professor at the School of Management Studies (SMS), Cochin University of Science and Technology (CUSAT). The talk was attended by 56 participants, including students, educators, and other interested individuals.

Objective: The primary objective of the talk was to raise awareness about the severe health risks associated with drug abuse and to foster a deeper understanding of the physical, psychological, and social consequences of drug dependency.

Key Points Covered:



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Introduction to Drug Abuse:

Dr. Joy began the session by defining drug abuse and differentiating it from casual or medicinal use. He emphasized that drug abuse involves the persistent use of substances despite harmful consequences.

Physical Health Hazards:

Organ Damage: The talk highlighted how different drugs can cause damage to vital organs such as the liver, heart, and lungs. For example, opioids can lead to respiratory depression, while stimulants can cause cardiovascular issues.

Neurological Impact: Drug abuse can alter brain function, leading to impaired cognitive abilities, memory loss, and long-term mental health disorders.

Infectious Diseases: Intravenous drug use was discussed in relation to the increased risk of transmitting infections such as HIV/AIDS and hepatitis.

Psychological and Emotional Effects:

Dr. Joy discussed how drug abuse often leads to mental health issues such as depression, anxiety, and psychosis. He explained that these conditions can be exacerbated by the chemical alterations' drugs cause in the brain.

Social Consequences:

Impact on Relationships: Drug abuse can strain relationships with family and friends, leading to social isolation and conflict.



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Economic and Legal Issues: Participants were informed about the economic burden of drug abuse, including the costs associated with treatment and legal problems stemming from illegal drug use.

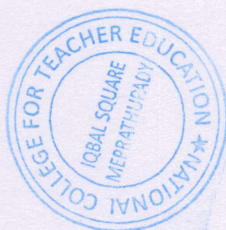
Prevention and Treatment:

Dr. Joy emphasized the importance of preventive measures, such as education and community support, in combating drug abuse. He also provided insights into various treatment options, including counseling, medication-assisted treatment, and rehabilitation programs.

Role of Educators and Community:

The session concluded with a discussion on the role educators, parents, and community leaders play in preventing drug abuse. Dr. Joy stressed the need for proactive measures and open communication to address and mitigate the problem.

Conclusion: The online talk effectively addressed the multifaceted health hazards associated with drug abuse. Dr. Manu Melwin Joy provided valuable insights into the physical, psychological, and social impacts of drug abuse, and emphasized the importance of prevention and treatment. The session was informative and engaging, contributing to a greater understanding of drug abuse and its consequences among the participants.



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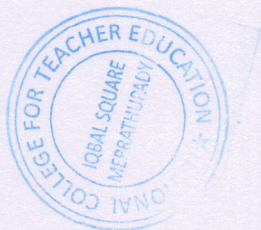
ACTION TAKEN REPORT OF PSYCHOLOGY CLUB 2021-22

Mentoring on Teacher Education

An online mentoring session on teacher education was conducted by **Jayakrishnan.P.V.** a faculty member at the National College for Teacher Education, on July 15, 2021. The program was organized by the Psychology Club of the college and attracted 65 participants, including teachers .

Jayakrishnan's session focused on providing guidance and support to teachers in enhancing their teaching practices and professional development. He discussed various aspects of effective teaching, including classroom management, curriculum development, and student assessment. Participants actively engaged with the speaker, asking questions and sharing their experiences.

The online format of the program allowed for wider participation and flexibility. The session was well-received by the participants, who expressed their appreciation for the valuable insights and guidance provided by Jayakrishnan P V. The Psychology Club's initiative in organizing such programs demonstrates their commitment to supporting teacher education and professional development.



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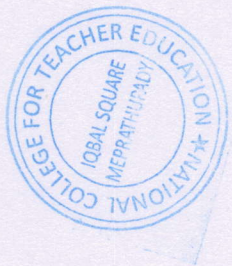
ACTION TAKEN REPORT OF PSYCHOLOGY CLUB 2021-22

Counselling While Teaching.

The National College for Teacher Education's Psychology Club hosted a talk on "Counselling While Teaching" on February 15, 2022. The session was led by faculty member, Ms. Ann Mary John.

Ms. John discussed the importance of integrating basic counselling skills into everyday teaching practices. She explored techniques for identifying student needs, fostering open communication, and offering support. Participants, likely educators themselves, gained valuable insights into promoting emotional well-being within the classroom.

This initiative by the Psychology Club highlights their commitment to equipping teachers with comprehensive skillsets for student success.



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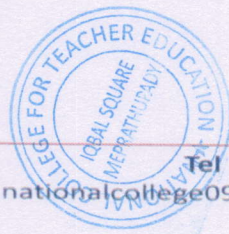
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ACTION TAKEN REPORT OF PSYCHOLOGY CLUB 2021-22

On February 7th, 2022, at 9:30 a.m., the Psychology Club hosted a virtual session with Professor Lasar Thomas, a distinguished academic with an M.Com, MS in Psychology, and M.Phil, and former Head of the Department of Commerce at St.Albert's College. The session was conducted via Google Meet.

Professor Thomas, an Associate Professor in the Department of Commerce, shared his expertise on the intersection of psychology and commerce. His presentation focused on how psychological principles can be applied to enhance organizational behavior, improve management practices, and drive business success. He elaborated on concepts such as motivation, leadership, and consumer behavior, demonstrating their relevance in the commercial sector.

The interactive session allowed students to engage directly with Professor Thomas, who answered questions and provided practical examples of how psychological theories are implemented in business settings. The discussion was enriching, offering valuable insights into the practical applications of psychology in commerce. Overall, the session was a significant contribution to the students' understanding of interdisciplinary approaches in psychology, fostering a greater appreciation for its impact beyond traditional psychological settings.



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ACTION TAKEN REPORT OF PSYCHOLOGY CLUB 2021-22

On Friday, February 4th, 2022, at 9:30 a.m., the Psychology Club organized a virtual talk with Mrs. Dido Alex via Google Meet. Mrs. Alex, who holds an MA in Psychology and MSc in Counseling and Family Therapy, is a specialist in learning disabilities and operates a correction center for such conditions.

The session focused on "Counseling While Teaching," where Mrs. Alex shared her extensive knowledge and practical experiences in integrating counseling techniques within educational settings. She discussed strategies for identifying and addressing learning disabilities, emphasizing the importance of providing support to students who face these challenges. Her insights included methods for creating an inclusive classroom environment and effectively communicating with students to foster their academic and emotional growth.

The interaction was highly engaging, with participants actively asking questions and discussing real-world applications of the concepts presented. Mrs. Alex's expertise offered valuable perspectives on how educators can incorporate counseling practices to better support diverse learning needs. The session was well-received and contributed significantly to the attendees' understanding of effective counseling strategies in education.



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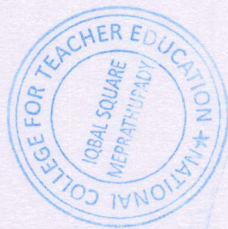
ACTION TAKEN REPORT OF PSYCHOLOGY CLUB 2022-23

Life Skill Training for 21st Century Digital Natives

The Psychology Club of the National College for Teacher Education successfully conducted a life skill training program on June 7, 2022. The program, titled "Equipping the 21st Century Digital Natives with Soft Skills," aimed to equip young learners with essential life skills to navigate the complexities of the digital age.

Dr. Smitha Kunjappan, a faculty member of the college, served as the resource person for the training. Dr. Kunjappan provided valuable insights into the importance of soft skills such as communication, problem-solving, critical thinking, and emotional intelligence in today's world. The training included interactive sessions, discussions, and role-playing activities to enhance participants' learning and application of these skills.

A total of 110 participants, comprising students and teachers from national colleges, attended the program. The enthusiastic engagement of the participants demonstrated the relevance and significance of the training. The Psychology Club's initiative in organizing such programs reflects their commitment to fostering holistic development among young learners.



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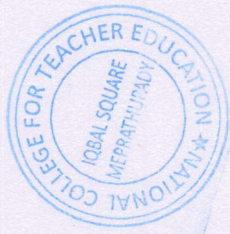
ACTION TAKEN REPORT OF PSYCHOLOGY CLUB 2023-24

IKIGAI- Psychology Club Inauguration

The National College for Teacher Education witnessed the grand inauguration of the Ikigai Psychology Club on September 11, 2023. The event was graced by the presence of *Dr. N. Sethu Madhavan*, who delivered the inaugural address.

The Ikigai Psychology Club aims to promote mental health and well-being among students and the wider community. The club's name, "Ikigai," is a Japanese concept that refers to one's "reason for being" or "purpose in life." The club's activities will likely focus on various aspects of psychology, including counselling, stress management, and personal development.

Around 50 students and faculty members attended the inauguration ceremony. The event was marked by enthusiasm and anticipation for the club's future endeavors. The establishment of the Ikigai Psychology Club is a significant step towards fostering a supportive and inclusive environment for students at the National College for Teacher Education.



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Report: Short Film Presentation on Socially Deprived Children via Google Meet

Program: Organizing a Short Film Presentation on Socially Deprived Children

Date: 20-09-2020

Platform: Google Meet

Organizers: Women's Cell, Theatre and Music club of National College for Teacher Education

Introduction:

Women's Cell and Theatre and Music club of National College for Teacher Education organized a short film presentation program to raise awareness about the challenges faced by socially deprived children. The program aimed to educate and inspire students to become advocates for these vulnerable populations.

Event Details:

- The program was held on .2019-2020 via Google Meet, allowing for wider participation from students and faculty.
- A selection of short films focusing on the realities of socially deprived children was showcased.
- The films explored various themes such as child labor, lack of access to education, and exploitation.



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- Following the film presentations, a facilitated discussion was held to encourage critical thinking and reflection on the issues portrayed. Participants explored potential solutions and ways to advocate for change.

Outcomes:

- The program successfully raised awareness about the plight of socially deprived children.
- Students gained valuable insights into the social challenges faced by these vulnerable groups.
- The discussion session fostered a sense of empathy and encouraged participants to consider ways to contribute to positive change.

Impact:

- The program is expected to inspire future educators to be more sensitive to the needs of underprivileged children.
- It is hoped that the program will encourage students to become agents of social change and advocate for the rights of all children.

Conclusion:

The short film presentation program on socially deprived children was a successful initiative by the Women's Cell and Theatre and Music club of National College for Teacher Education. The program provided a valuable platform for education, reflection, and potential action towards creating a more just and equitable society for all children.

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Report: International Mother's Day Book Review Competition

Date: January 21, 2021

Platform: Online

Organizer: Women's Cell, National College for Teacher Education

Topic: Book Review

Number of Participants: 49

Introduction:

The Women's Cell of National College for Teacher Education organized an online book review competition to celebrate International Mother's Day. The competition aimed to foster critical thinking, reading comprehension, and appreciation for literature among the students.

Competition Details:

- **Theme:** The competition focused on books that explored the theme of motherhood, maternal love, and the challenges faced by mothers.
- **Submission Guidelines:** Participants were required to submit a written book review of their chosen book. The review should include a summary of the plot, analysis of the characters and themes, and a personal reflection on the book.



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- **Judging Criteria:** The book reviews were evaluated based on factors such as clarity of thought, depth of analysis, originality of perspective, and overall quality of writing.

Participation:

A total of 49 students participated in the competition, demonstrating a high level of enthusiasm and engagement. The diversity of book selections showcased the students' wide-ranging reading interests.

Judging Process:

A panel of judges evaluated the submitted book reviews. The judges carefully considered each review based on the established criteria.

Overall Assessment

The International Mother's Day Book Review Competition was a resounding success, providing a valuable opportunity for the students to showcase their critical thinking and writing skills. The competition also fostered a love for reading and encouraged students to explore diverse perspectives through literature.



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Report: Talk on Gender Bias in Our Community

Date: February 13, 2021

Platform: Google Meet

Venue: National College for Teacher Education (Morning Assembly)

Presiding Address: Dr. N. Sethumadhavan, Principal

Speaker: Dr. Achamma P. Mathew

Felicitation: Mr. Jayakrishnan P.V., Vice Principal

Introduction:

The National College for Teacher Education organized a talk on "Gender Bias in Our Community" during the morning assembly on February 13, 2021. The program aimed to raise awareness about gender stereotypes and inequalities prevalent in society.

Program Details:

- The program commenced with a welcome address by Dr. N. Sethumadhavan, Principal.
- Dr. Sethumadhavan highlighted the importance of creating a more equitable and inclusive environment for all.



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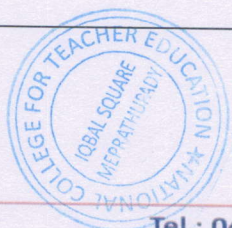
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- Dr. Achamma P. Mathew, Faculty in national college, delivered a thought-provoking talk on gender bias.
- Dr. Mathew's presentation explored various forms of gender bias, including unconscious biases, societal expectations, and discriminatory practices.
- She provided real-life examples to illustrate the impact of gender bias on individuals and communities.
- The talk fostered a space for open discussion amongst the students and faculty.
- The session concluded with a felicitation address by Mr. Jayakrishnan P.V., Vice Principal, who expressed his appreciation for the speaker's insights.

Outcomes:

- The program successfully raised awareness about gender bias and its negative consequences.
- Students gained valuable knowledge about recognizing and challenging gender stereotypes.
- The interactive session encouraged open dialogue and critical thinking about gender equality.



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AIDS Awareness Class Report

Date: December 4, 2023 .

Venue: College Seminar Hall, National College for Teacher Education

Organized By: Women's Cell, National College for Teacher Education

Participants: 50

Resource Person: Benny Elias (health inspector, vengola)

Presiding Address By: Dr. N. Sethumadhavan


Introduction:

On December 4, 2023, the Women's Cell of the National College for Teacher Education organized an AIDS awareness class in the college seminar hall. The program aimed to educate 50 participants about HIV/AIDS prevention, transmission, and living positively with the condition.

Program Details:

- **Opening Remarks:** The program began with welcome remarks from a representative of the Women's Cell.
- **Presiding Address:** Dr. N. Sethumadhavan delivered the presiding address, emphasizing the importance of HIV/AIDS awareness and destigmatization.

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- **Resource Talk:-**Benny Elias, presented a comprehensive talk on HIV/AIDS. The talk likely covered topics such as:
 - HIV/AIDS basics (difference between HIV and AIDS)
 - Modes of transmission and prevention methods
 - Importance of safe sex practices
 - Dispelling myths and misconceptions
 - Treatment options and living positively with HIV/AIDS
- **Q&A Session:** An interactive question and answer session followed the talk, allowing participants to clarify any doubts or concerns.

Outcomes:

The AIDS awareness class aimed to empower participants with accurate knowledge about HIV/AIDS. The program likely achieved the following outcomes:

- Increased awareness about HIV/AIDS transmission and prevention methods.
- Reduced stigma and discrimination towards people living with HIV/AIDS.
- Encouraged participants to adopt safe and responsible behaviour



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Women's Day Talk Report

Date: March 8, 2024

Time: 11 AM

Venue: Seminar Hall, National College for Teacher Education

Topic: Invest in Women: Accelerate Progress

Resource Person: Dr. Smitha Kunjappan, (Faculty, National College for Teacher Education)

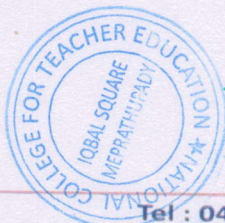
Presiding Address: Dr. N. Sethumadhavan

Participants: B.Ed. Students

Introduction:

On International Women's Day, March 8, 2024, the National College for Teacher Education organized a talk with the theme "Invest in Women: Accelerate Progress." The event aimed to highlight the importance of empowering women and investing in their potential for societal development.

Program Details:



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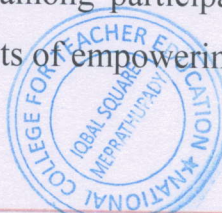
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- **Opening Remarks:** The program began with opening remarks by a representative of the college, welcoming the participants and setting the context for the day's theme.
- **Presiding Address:** Dr. N. Sethumadhavan delivered the presiding address, emphasizing the significance of women's empowerment and the need for collective action to achieve gender equality.
- **Resource Talk:** Dr. Smitha Kunjappan, a faculty member of the college, delivered the keynote address on the topic "Invest in Women: Accelerate Progress." Her talk likely covered various aspects of women's empowerment, including:
 - Challenges faced by women in society
 - Benefits of investing in women's education and economic opportunities
 - Role of women in leadership and decision-making
 - Importance of gender equality for sustainable development

Outcomes:

- The Women's Day talk successfully highlighted the significance of investing in women and accelerating progress. The event likely achieved the following outcomes:
 - Increased awareness among participants about the challenges faced by women and the benefits of empowering them.



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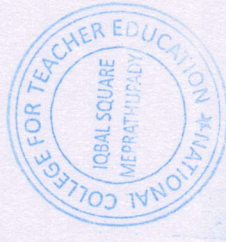


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- Inspired participants to advocate for gender equality and support initiatives that promote women's empowerment.
- Provided valuable insights into the role of women in leadership and decision-making.



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Women's Day Talk Report

On March 8, 2023, the Women's Cell hosted an online session featuring Miss Sethu Parvati Kannan, the Central Manager of the Multicultural Centre in New South Wales, Australia. The session provided a comparative analysis of community health and mental health services for children in Australia vs. global practices.


Miss Kannan, honored with the Community Hero 2023 Award by the New South Wales Parliament, shared her extensive expertise in community health. She outlined the strengths and gaps in Australia's approach to child health services, highlighting its focus on integrating multicultural perspectives and providing tailored support for diverse communities. She compared this with global practices, emphasizing variations in accessibility, quality of care, and cultural competencies.

The session offered valuable insights into how different countries address child health and mental health, illustrating the impact of local contexts on service delivery. Miss Kannan's presentation also underscored the importance of community engagement and culturally sensitive practices in improving health outcomes for children.

The discussion was highly informative and facilitated a deeper understanding of international approaches to child health, celebrating Miss Kannan's contributions to the field and honoring her achievements on International Women's Day.

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Self-Defence Workshop Report

Organized by: National College Women's Cell

Date: February 22nd, 2022

Participants: 55 B.Ed. Students

Instructor: Surya KS, Karate Blue Belt.Judge,Ernakulam district karate DO-Association(M.Ed. Student)

Introduction:

On February 22nd, 2022, the National College Women's Cell organized a self-defence workshop for 55 B.Ed. students. The workshop aimed to empower female students with basic self-defence techniques and equip them with the confidence to handle potentially dangerous situations.

Workshop Leader:

Surya KS, a blue belt in karate and a student in the M.Ed. Department, led the workshop. Surya's martial arts background and understanding of human anatomy ensured the techniques taught were both effective and safe for participants.

Workshop Content:

The workshop covered various aspects of self-defence, including:

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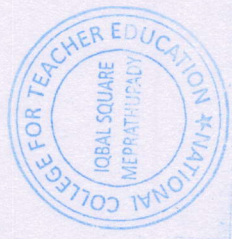
- **Situational Awareness:** Participants learned the importance of staying alert and recognizing potentially dangerous situations.
- **De-escalation Techniques:** Strategies for verbally de-escalating a tense situation before it becomes physical were discussed.
- **Basic Self-Defence Techniques:** Surya instructed participants on simple and effective self-defence moves to defend themselves against physical attacks.
- **Personal Safety Tips:** Valuable tips for staying safe on and off campus were shared.

Evaluation:

The workshop received positive feedback from the participants. They appreciated the practical nature of the training and felt more confident in their ability to handle themselves in potentially dangerous situations.

Conclusion:

The self-defence workshop organized by the National College Women's Cell was a valuable initiative. By equipping students with basic self-defence skills and fostering awareness, the workshop empowered participants to take charge of their safety.



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KEY INDICATOR

CRITERION 6 - GOVERNANCE, LEADERSHIP AND MANAGEMENT

6.2 STRATEGIC DEVELOPMENT AND DEPLOYMENT

METRIC 6.2.4

Effectiveness of various bodies/cells/committees is evident through minutes of meetings and implementation of their resolutions / decisions.

ANY ADDITIONAL INFORMATION

Affidavit

I do hereby certify that, all pages in this document are duly authenticated by me, under my privilege as the Head of the institution of National College for Teacher Education, Vengola, Ernakulam, Kerala



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PHYSICAL SCIENCE CLUB

Starting a physical science club is an exciting way to engage students in hands-on science beyond the classroom. Science clubs play a crucial role in fostering curiosity, learning, and collaboration among students. Here are some reasons why science clubs are important:

- **Exploration and Hands-On Learning:** Science clubs provide a platform for students to explore scientific concepts beyond textbooks. They engage in experiments, projects, and activities that enhance their understanding of various disciplines.
- **Critical Thinking and Problem-Solving:** By participating in science club activities, students develop critical thinking skills. They learn to analyze data, identify patterns, and solve real-world problems.
- **Community and Networking:** Science clubs create a sense of community among like-minded students. They can collaborate, share ideas, and learn from each other. Networking within the club can lead to lifelong
- **Career Exposure:** Science clubs expose students to different branches of science, helping them discover their interests. Guest speakers, field trips, and workshops introduce them to potential career paths.
- **Confidence Building:** Presenting findings, conducting experiments, and leading discussions in the club build confidence. Students learn to communicate effectively and express their ideas.



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- Creativity and Innovation: Science clubs encourage creativity. Students design experiments, invent solutions, and think outside the box. This fosters innovation and a love for discovery.
- Preparation for Competitions: Science clubs prepare students for science fairs, Olympiads, and other competitions. They learn to present their work, defend hypotheses, and compete at regional or national levels.

EUREKA -Science Club 2022

The Physical Science students, 2022-24 batch of National College for teacher education celebrated world science day for Peace and Development on November 10, 2022. Principal Dr.N.Sethumadhavan officially inaugurated the club. The session included the participation of 45 students from National school. The major events of the day were

- ICT power point presentation of Nobel laureates of 2022.
- Quiz Competition –Based on World peace and development. 31 students participated in the quiz competition.
- Poster competition-based on the theme was given for school students.14 students participated in the competition.

The winners of the competition will be given prizes on 14th November, Children's day by the College Manager Ms.Thasneem Ahmed.



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EUREKA –Science Club 2024

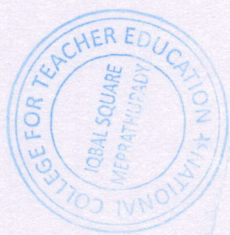
The National Science Day February 28, 2024 was celebrated in association with the Physical Science Club Eureka on the same day at 10 am. The theme for the day was Science for a sustainable future.

Second Semester B.Ed Physical Science students organised the function. Ms.Jisna anchored the function. Ms.Aniesha Sebastian welcomed the gathering. Dr.N.Sethumadhavan, Principal National College for Teacher Education inaugurated the function. Ms.Anamika had done a beautiful presentation about Sir C.V.Raman. Ms. Sreeja V, Assistant Professor in Physical Science felicitated the function. Ms.Fathima Diya gave the vote of thanks. Seventeen Ninth grade students of National Public School participated in the function.

After the inaugural ceremony following events were organised

- Quiz competition-on Science for sustainable future. Seventeen students participated in the competition.
- Poster making competition on the same theme was also organised.

The first and second winners were given prizes by the Principal, National Public School on February 29, 2024.



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Arts Day Celebration

Sargaprabha - 2021

National College for Teacher Education, Vengola, organized its annual Arts festival for the students in the college. The arts festival was named “SARGAPRABHA – 2021” and was held on 22nd, 23rd and 24th of February 2021. A variety of programs were conducted during these three days.

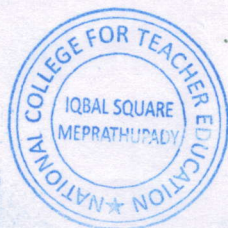
Pre-program activities

Preparations for the same had begun days in advance. A staff meeting was conducted where Mrs Neena Thankappan, Lecturer of Natural Science department, took charge as the program coordinator. SARGAPRABHA - 2021 was organized by first year B.Ed. students of the college and was Ms Keerthana K was selected as the student coordinator. Under their direction and instruction a virtual environment was created on WhatsApp. Lecturers and teacher education students were added to that WhatsApp group called ‘Fine Arts’ for our arts day celebration. Firstly, the first year B.Ed. students were grouped into various committees like stage management, chest number, program schedule, judgement and tabulation, and certificate committees.

A open invitation was given to the students and teachers alike to suggest a name for the event. From the many suggestions, the name SARGAPRABHA was selected, which was suggested by Mr. Aneesh K Paul of second year B.Ed. mathematics option. Our program list was created by the program committee and it’s time was discussed and scheduled accordingly under the guidance of Mrs. Neena Thankappan. A finalized list was published before the event, on Thursday, 18th of February. The students were divided into four houses namely-Ruby, Emerald, Sapphire, and Topaz. A variety of competitive programs were conducted for the student teachers to explore their potentialities.

Program -Main Event - Inaugural

The inaugural program began by 10 am on 22nd February with a prayer song recited by the college choir group, followed by a welcome speech by Ms. Keerthana Student coordinator. N Sethumadhavan, Principal, delivered the presidential address. He emphasized the importance of



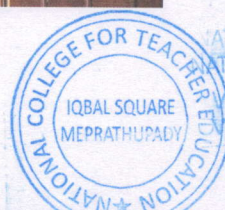
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co-curricular activities and encouraged us to participate. The chief guest of the function was Mr. Sudhin Sasikumar of YouTube fame and actor. He inaugurated the arts fest and conducted the name revealing ceremony of the fest. His speech on various aspects of arts and culture left the audience enlightened. After that, there was a solo song performed by Jyothimol Joy, a first year B.Ed student. Thereafter, felicitations were delivered by Dr Achamma P Mathew HOD, Dr. Kunjumammed Pulavath, Dean, and Mr Joshy John of M.Ed. Social Science option. In the end, vote of thanks was extended by Sajmi Majeed, B.Ed. Representative.

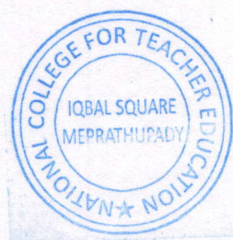
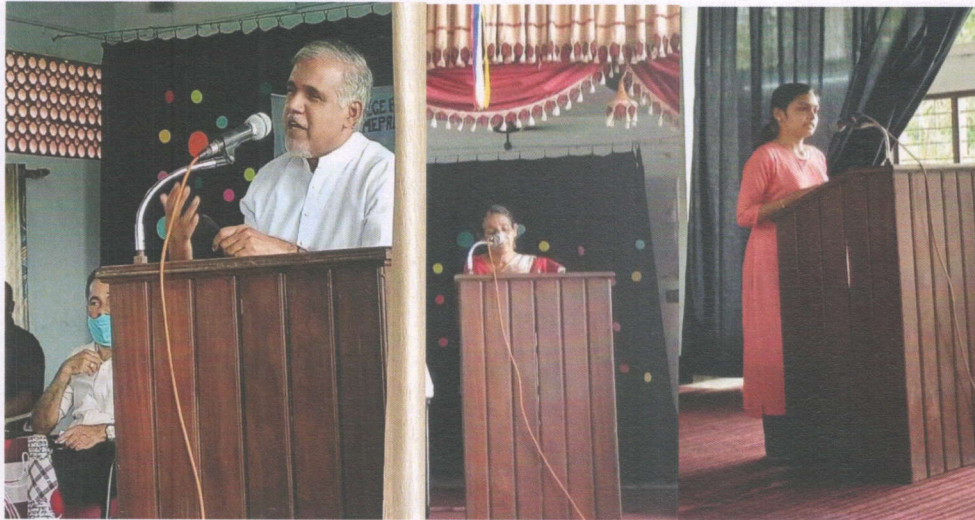
Competitions


The competitions started by 11:30 am soon after a tea break. SARGAPRABHA 2021, was conducted in two stages. On-stage competitions were conducted on 22 February 2021 (Day 1) and 23 February 2021 (Day 2) which included a variety of competitions like Arabic song competition, folk dance, classical dance, group song competition, poetry recitation, elocution competition, etc. Off-stage events were conducted on 24 February 2021, where competitions like short story writing, pencil drawing, essay writing, poetry writing, collage making, water painting, etc. were conducted. The judges for all the events were arranged by Mrs. Neena Thankappan. Each day ended with the announcement of the results of the competitions which gave them more spirit to compete further and raise the points of the respective team. These were the days during which students got the opportunity to showcase their talents. Mr Joshy John of first year M.Ed. won the title of Kalaprathiba and Ms Renuka of second year B.Ed, won the title of Kalathilakam. The art festival was a grand success, thanks to the organizers and participants.

Arts Day-Gallery




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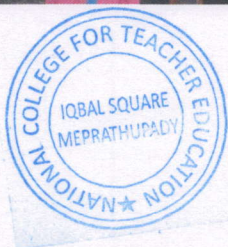
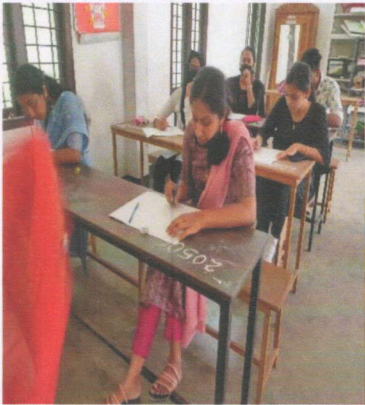
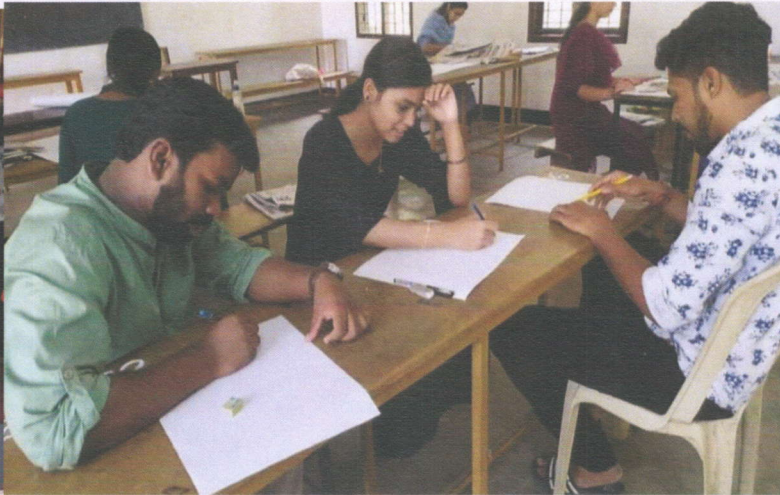



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ANNUAL SPORTS MEET

The Annual Sports Meet of National College for Teacher Education was held on 27 February 2021 at the college ground. The event was organised and executed well by the students under the guidance of Dr N Mohan, the Physical Education Instructor of the institution.

Pre-Program Activities

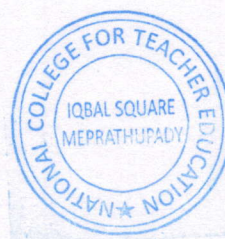
The students of NCTE conducted a meeting under the guidance of physical education instructor Dr N Mohan on conducting the sports meet. It was decided in the meeting that the sports meet will be conducted on 27 February 2021, and the name of the sports meet was given as "Filotimia 2021" as suggested by a student. Different committees were formed and works delegated. The students were divided into four teams – Ruby, Topaz, Sapphire, and Emerald. The different competitions to be held were also decided.

Main Event

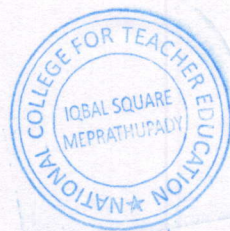
The programme began at 8:30 am at the college ground. The first event of the day was 1500m race for both men and women. The inaugural function was held soon after. After the guest arrived the function began with a March Past by the four teams. The chief guest of the day was Mr. Basil Thampy, Indian Cricketer. The competitive March Past was a feast for the eyes. The chief guest received salute from the four houses. The cordon was lit by the guest, officially inaugurating the meet. Dr N. Sethumadhavan delivered the welcome speech, followed by the inaugural address by Mr Basil Thampy. It was succeeded by hoisting of the national flag, and oath taking, administered by captain Ashish BK. The official function came to an end and the vote of thanks was proposed by Sreedevi S Nair.


After the inaugural session, the competitions began. Different competitions were held such as 100m, 200m races, relay, shot put, discus throw, javelin throw etc. The program was held and conducted in a disciplined manner.

Emerald house emerged the winner with maximum points. The individual champion from men was Ashish BK, and among women it was Sruthy Varghese.



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